

Your Privacy & HIPAA

Rights

PATIENT
REFERENCE

How YourMD Telehealth protects your health information and what you can do with it

As a patient of United Medical Group, PLLC — the medical practice behind YourMD Telehealth — you have specific, enforceable rights under the Health Insurance Portability and Accountability Act (HIPAA). This card summarizes those rights in plain language. **Your health information belongs to you.**

YOUR SIX HIPAA RIGHTS



Right to Access

Request a copy of your medical records, SOAP notes, prescriptions, and lab results at any time. We respond within 30 days.

45 CFR § 164.524



Right to Amend

If information in your record is inaccurate or incomplete, you may request a correction. We will add your request to your record.

45 CFR § 164.526



Accounting of Disclosures

Request a list of times your health information was shared outside of treatment, payment, and operations.

45 CFR § 164.528



Request Restrictions

Ask us to limit how we use or share your health information. We will consider each request and respond in writing.

45 CFR § 164.522



Confidential Comms

Request that we contact you at a specific address, phone number, or by a specific method only.

45 CFR § 164.522(b)



Copy of This Notice

You may request a paper or electronic copy of our Notice of Privacy Practices at any time, free of charge.

45 CFR § 164.520

How We Protect Your Data

- ✓ All data encrypted in transit (TLS 1.2+) and at rest (XChaCha20-Poly1305)
- ✓ Session video and audio are end-to-end encrypted (DTLS-SRTP) — never stored

When We May Share Your Information

- ✓ With your treating physician for your care
- ✓ With licensed pharmacy for prescription fulfillment

- ✓ SOAP notes encrypted with unique key bound to your patient record
- ✓ Multi-factor authentication for all clinical staff
- ✓ Tamper-evident audit log — all PHI access recorded
- ✓ Logs retained minimum 7 years
- ✓ Business Associate Agreements with all vendors handling your data
- ✓ No advertising trackers on authenticated pages
- ✓ We do not sell your health information — ever

- ✓ With laboratory for ordered tests (with your authorization)
- ✓ For billing and payment processing
- ✓ With your referring provider (requires your written consent)
- ✓ As required by law (subpoena, court order, public health reporting)
- ✓ With cloud infrastructure provider under signed BAA
- ✓ For platform security and fraud prevention

STATE-SPECIFIC PRIVACY PROTECTIONS

Nevada
 NRS § 603A · NRS 629
 30 days breach notification. Right to opt out of sale of personal information (we don't sell). Contact AG at ag.nv.gov.

Washington
 MHMDA · RCW 19.373
 Enhanced consumer health data protections. Right to list third-party disclosures, request deletion, and withdraw consent.

Oregon
 OCPA · ORS 646A
 Right to confirm, access, correct, delete, and obtain portable copy of personal data. Contact OR DOJ for complaints.

Wisconsin
 Wis. Stat. § 146.82
 Patient health care records privacy. Access and release governed by state law. Contact DATCP at datcp.wi.gov.

We Will Never:

- ✗ Sell your health information to advertisers, data brokers, or any third party
- ✗ Use your health information for targeted advertising
- ✗ Share your session content (audio, video, chat) with any party outside your care team
- ✗ Retaliate against you for filing a complaint with our privacy officer or with HHS
- ✗ Condition your care on waiving any HIPAA privacy right

PRIVACY OFFICER privacy@yourmd.online HIPAA rights, complaints, authorizations	PHONE (702) 430-7801 Mon-Fri · 9 AM-5 PM PT	FILE FEDERAL COMPLAINT hhs.gov/hipaa/filing-a-complaint
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